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# Learn Spanish Faster, Open Your Mind To Foreign Language Help: Hypnosis, Meditation And Subliminal: The Sleep Learning System Featuring Rachael Meddows



## Synopsis

Open the language center of your mind. With this soothing program from the world-renowned Sleep Learning System, narrated by best-selling hypnotherapist Rachael Meddows, you can learn Spanish faster, easier, and remember Spanish vocabulary with ease. Just turn on the tracks, relax, and let your subconscious mind do the work for you. The Sleep Learning System is specially designed to work with your subconscious mind during your sleep cycle. The guided meditation and soothing background music will deeply relax your body and mind for the perfect night's sleep, while allowing you to access the deepest parts of your mind. And now, sleep learning is better than ever, thanks to the soothing voice of Rachael Meddows. With this audiobook, you will open the language center of your mind so you are more open and focused when learning Spanish. While this program does not contain actual Spanish lessons, when used while learning Spanish, you will find yourself able to remember vocabulary and lessons easily. This program comes with new two inductions that are exclusive to sleep learning programs with Rachael Meddows! When you wake up, you'll feel well rested and ready to take on your day. This guided mediation system gives you positive suggestions that will help you quiet your mind and melt away stress, leaving your body deeply relaxed for a great night's sleep. While you're sleeping, the program will help you remove learning blocks and open your mind, creating focus and clarity when learning Spanish. The special inductions will gently guide you into your REM stage of sleep, working with your subconscious to make lasting change that you can see. Let Rachael Meddows and The Sleep Learning System help you today!

## Book Information

Audible Audio Edition

Listening Length: 2 hours and 44 minutes

Program Type: Audiobook

Version: Original recording

Publisher: Motivational Hypnosis Help, LLC

Audible.com Release Date: May 18, 2015

Language: English

ASIN: B00XV0W522

Best Sellers Rank: #110 in Books > Audible Audiobooks > Language Instruction > Spanish  
#2806 in Books > Reference > Foreign Language Study & Reference > Instruction

## Customer Reviews

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